









# April 2017 @ Oxbow Eco-Center

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						<b>1</b> <b>9:00am</b> <b>Guided Hike</b> <b>3:00pm</b> <b>Critter Crunch &amp; Munch</b>
<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>3:30pm</b> <b>Tales &amp; Trails</b> <b>7:00pm</b> <b>St. Lucie Audubon Society</b> <b>lecture: "Audubon Jay</b> <b>Watch: A Citizen Science</b> <b>Project "</b>	<b>10:30am</b> <b>Tai Chi for Health</b>	<b>8</b> <b>9:00am</b> <b>Guided Hike</b> <b>11:30am</b> <b>Costume Making Workshop</b> <b>3:00pm</b> <b>Critter Crunch &amp; Munch</b>
<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>10:30am</b> <b>Tai Chi for Health</b>	<b>15</b> <b>9:00am</b> <b>Guided Hike</b> <b>9:30am</b> <b>Dirty Hands Day</b> <b>10:00am</b> <b>Costume Making Workshop</b> <b>3:00pm</b> <b>Critter Crunch &amp; Munch</b>
<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>10:30am</b> <b>Tai Chi for Health</b>	<b>22</b> <b>9:30am</b> <b>Archery</b> <b>3:00pm</b> <b>Critter Crunch &amp; Munch</b>
<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>
		<b>(772) 785-5833</b> <b>www.oxboweco.com</b> <b>5400 NE St. James Drive</b> <b>Port St. Lucie, FL 34983</b>			    	
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# April 2017

## Tai Chi for Health

**Fridays (April 7, 14, & 21) @ 10:30am**

Described as the 'perfect exercise,' Tai Chi for Health is designed for young and old alike, physically fit or challenged and especially good for those who suffer from arthritis, diabetes, osteoporosis and balance issues. Classes are taught by instructors Hilde and Hector Ruiz-Puyana. \$12 per class or \$40 for 4 classes. Appropriate for ages 16 and up. RSVP a must.

## Guided Hikes

**Saturdays (April 1, 8 & 15) @ 9:00am**

Enjoy a guided hike through the wilds of the Oxbow trail system and be enriched with the biodiversity this preserve has to offer. Show up at 9am ready to hike! Appropriate for all ages, FREE.

## Critter Crunch & Munch

**Saturdays (Apr. 1, 8, 15 & 22) @ 3:00pm**

Bring something to snack on while you watch the Oxbow's animal ambassadors enjoy their favorite time of day -- meal-time! Appropriate for all ages, FREE.

## St. Lucie Audubon Society lecture- "Audubon Jay Watch: A Citizen Science Program"

**Thursday, April 6<sup>th</sup> @ 7:00pm**

The Audubon Florida Jay Watch is a citizen science program that uses volunteers to conduct field surveys of Florida Scrub-Jays. Eva Ries will discuss the program and describe how Jay Watch tracks the nesting success and population of Florida Scrub-Jays. Also Grace Stock Conservation Awards, FREE

## Costume Making Workshop

**Saturday April 8<sup>th</sup> & 15<sup>th</sup> @ 10:00am**

Led by local artists and naturalists, participants will be guided through the process of building and decorating your custom creation. Then you can show off your creation during the Procession of the Species parade at Oxbow's 13<sup>th</sup> Annual Earth Day Festival on Saturday, April 29. This workshop is appropriate for ages 10 and older. Cost is \$5 per participant. All materials will be provided. Registration is required.

## Tales & Trails

**Thursday April 13<sup>th</sup> @ 3:30pm**

Join Ms. Phyllis for a story time adventure and then take a hike in the butterfly garden or down the boardwalk to see what kinds of animals you can spot. Each month the story changes but the fun never stops! Ages 2-6, FREE

## Dirty Hands Day

**Saturday April 15<sup>th</sup> @ 9:30am**

Plant a tree, pull some weeds, clear a trail, and get your hands dirty at the Oxbow Eco-Center. This volunteer opportunity is designed for community groups or individuals who are looking to make a difference in their community through environmental stewardship. Dirty Hands Day is held every third Saturday of each month and the project will vary depending on the needs of the Oxbow Eco-Center and Preserve. Ages: Open to all ages, but participants under 18 must be accompanied by an adult unless they are a current Oxbow volunteer.

## Archery

**Saturday April 22<sup>nd</sup> @ 9:30am**

From the Olympics to national tournaments and local clubs, archery offers extracurricular fun for all ages while helping to build strength, endurance, and mental focus. Instruction will include a classroom session and outdoor range time. Please bring a bagged lunch, water bottle, closed-toe shoes and appropriate clothing for Florida weather. This program is for ages 10 and older. All participants 15 years old and younger must have a guardian present. The cost is \$10 per person for anyone planning to participate on the range. Reservations are required.

## Earth Day Festival

**Saturday April 29<sup>th</sup> @ 10:00am- 3:00pm**



Be a part of something truly unique and extraordinary, by joining the Earth Day Festival at the Oxbow Eco-Center. Our Earth Day Festival is our largest event and is designed with the whole community in mind! Our goal is to create a Festival that reflects our citizens, our leadership, our history and our future.



How is the Earth Day Festival at the Oxbow unique? As with many festivals, there will be dozens of science, research and conservation organizations with fun and interactive activities to engage visitors in learning about the natural world around them. In addition, we invite other community organizations that provide resources and opportunities for all people. All of this is designed to reflect our strong and caring community.



The festival also highlights our rich art community with recycled artwork scattered throughout the grounds and an artist village showcasing the talent we have. It also includes a Heritage Camp to spotlight our indigenous and pioneering history. Our schools and colleges will be showcasing their innovation and creativity projects and advanced learning opportunities, and we invite businesses that are dedicated to conservation and the well-being of our community to join in the fun as well.



This year, instead of just one stage, we'll have three -- a Creative Expression Stage, a Heritage Stage, and the Main Stage, where the amazing musical talent Ben Prestage will be performing.



Probably our most unique feature -- the signature element of Earth Day at the Oxbow is our Procession of the Species. This is similar to a parade, except that costumed participants are encouraged to understand and express the essence of the wildlife species they choose, and engage the audience as they wind through the festival grounds.



# April 2017



**Earth Day  
Saturday April 29, 2017**

**10am—3pm**



**(772) 785-5833**

**5400 NE St. James Drive  
Port St. Lucie, FL 34983  
[www.oxboweco.com](http://www.oxboweco.com)**

